

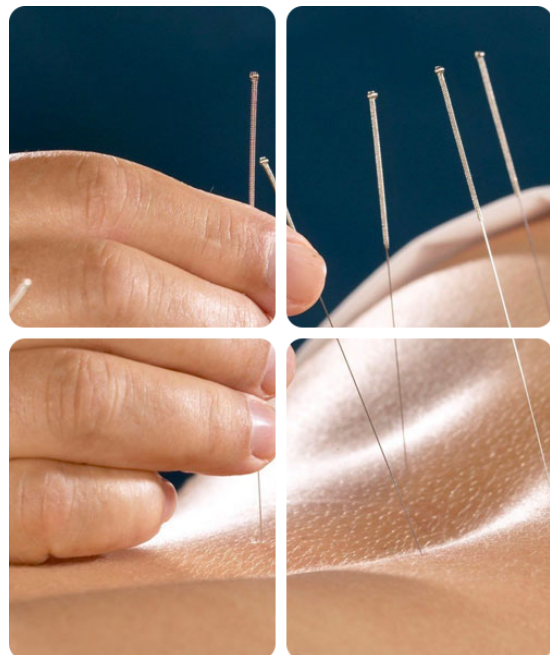


Dry Needling Therapy | IMS Treatment in Surrey BC

Dry needling is a physical therapy to treat neuropathic pain and myofascial pain. At All-Pro-Physio, we provide (FDN) functional **dry needling therapy in Surrey BC**, also known as (IMS) intramuscular stimulation. This technique consists of thin needles, which are used in **acupuncture therapy**. These needles target shortened muscles that produce pain and restrict the normal range of movement.

Dry needle treatment is very effective for back pain. In the area near the spinal cord where the nerve roots may become super sensitive and irritated, the (IMS/FDN) plays a vital role to relax and flexible movement. Several sports injuries may lead to muscle stiffness, and tension, and eliminate neuromuscular dysfunction and chronic pain. Functional Dry Needling (IMS / FDN) aims to boost flexibility and improve the range of motion.

Functional Dry Needling (IMS / FDN) brings an electrical potential to the muscle that makes the



nerve function normally. Sometimes the pain and stress are due to a lack of blood flow in the body parts, this method helps to draw blood flow in the area of dysfunction.

How Does Dry Needling/IMS work?

Dry Needling/IMS treats the contracted bands of muscle known as trigger points, which cause severe and painful symptoms.

Healing stimulation is required to treat injury to the soft tissue of the muscle or group of muscles. Our physiotherapists insert acupuncture needles into your trigger points in the muscles to relax and stretch the tissue.

The nerves and muscles must function together to allow the body to move freely. When nerves become irritated or injured, the muscles they control become feeble and sensitive. This is a symptom of the illness known as neuropathic pain.

Dry Needling/IMS therapy treats chronic pain and dysfunction in musculoskeletal conditions such as:

- Neck pain
- Shoulder impingement
- Tennis elbow
- Carpal tunnel syndrome
- Headaches
- Knee pain
- Shin splits
- Plantar fasciitis
- Lower back pain

Benefits of Dry Needling/IMS Treatment

- Improve and fasten the healing
- Promotes blood flow throughout the body
- Improves muscle extensibility and contractility
- Reduces pain
- Provides a “Window” of opportunity
- Specifically, target and restore muscle function
- Replace conventional medical procedures such as physiotherapy or surgery

If you are looking for **dry needling or IMS Treatment in Surrey BC**, then please get in touch with All-Pro Physio right away. You could also use another option of online booking to make an appointment with us within a couple of clicks.

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Sunday - Closed